

Facebook for Diagnosing Alcohol Use Disorder in Undergraduates

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BACKGROUND

College and Alcohol Use Disorder

- AUD: problematic alcohol use resulting in physical, social, or emotional impairment
- Collegiate AUD rates **3X higher** than general population
- 1/3 of AUD positive students develop chronic AUD

Current Screening methods for students

- College mandated programs
- University health service referrals
- Self screening



Current Screening methods are ineffective

- Only 3.6% of students with AUD think their drinking is problematic
- Students who do seek help wait until problems are severe
- Students are not opposed to brief interventions targeting alcohol use
- Largest barrier to treatment is students unawareness of their risk

3 / 144 (2.1%)	11 / 144 (7.6%)	111/ 144 (77%)	83/ 144 (57.6%)
Believe they have AUD	Report being screened or assessed for AUD	Would consider changing their drinking if they had AUD	Would consider seeking treatment if they had AUD

Benefits of social media for AUD screening

- Passive
- Dynamic/Multifaceted
- Widespread
- Machine learning techniques provide a method for processing and extracting features from this type of data

METHODS

Participants

- 570 undergraduates (149 female)
- 144 AUD positive students (25.2%)

Measures

· SCID-V (DSM criteria for AUD Diagnosis)

alcohol, or recover from its effects.

 Downloaded social media data from Facebook (required), Twitter, and Instagram

Alcohol is often taken in larger amounts OR over a longer period than was intended.	?	1	2 3	E2
There is a persistent desire OR unsuccessful efforts to cut down or control alcohol use.	?	1	2 3	E3
A great deal of time is spent in activities necessary to obtain alcohol, use	?	1	2 3	E4

FACEBOOK DATA



Anonymous omg us!! We were basically drunk all last semester 😂

Like · Reply · 1m

"I only have half the bottle of wine I bought an hour ago... bottoms up" Jack Daniels
I'm not drunk – I'm
from Wisconsin
Tipsy Bartender
Let's Have a Beer
Drunk Memes

Likes

Group: SORORITY

Anonymous Any brunettes selling fakes? Need one TONIGHT

Feb 27, 2016, 7:43 PM

DISCUSSION

Current Social Media Model

 Allows choice of cut points for providing AUD feedback that are more clinically useful than current screening methods provide

Limitations

- Only analyzed using 4 Facebook data sources, 21 more Facebook sources and 2 other social media platforms remain
- · Limited model considerations and feature extraction methods

Future Directions

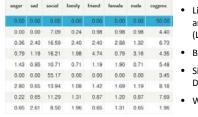
- Prediction of quantitative symptom count and severity
- · Prediction of areas of dysfunction
- Day by day prediction of binge drinking risk

Implementation

 Suite of wellness apps where students opt in to receive feedback about AUD risk and drinking behaviors

ANALYSIS

1. Natural Language Processing

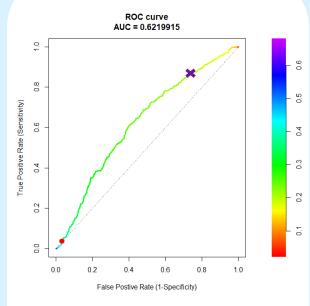


- Linguistic Inventory and Word Count (LIWC)
- Bag of Words (BOW)
- Singular Value Decomposition (SVD)
- Word2Vec (W2V)

2. Cross Validation

- Method for obtaining best estimates of model performance in new data
- 3 repetitions of 10-Fold repeated cross validation

RESULTS



Best Model: GLM Elasticnet Logistic Regression

• Current screening methods: Sensitivity = .02 Specificity = .99

Best Overall Accuracy: 74.3% Potential model cut point:
Sensitivity = .87 Specificity = .24